



Leħen Parroċċa

197

Il-Kelma tal-Kappillan

Għeżeż parruccani,

Meta tibqa' temmen

Dak li ser niċċelebraw fil-ġranet li ġejjin – il-mewt u l-qawmien ta' Sidna Ĝesù Kristu – jisfidana sabiex quddiem it-tbatja nibqgħu nemmnu. X'jigifieri tibqa' temmen anke quddiem is-salib? ‘Temmen’ ma jfissirx tistenna li jsir xi miraklu.

Kemm drabi nsibuna f’sitwazzjonijiet fejn donnu ma jista’ jsir xejn ħlief xi intervent Divin, u bosta drabi l-intervent Divin ma jsirx. Ngħiduha kif inhi, Ĝesù biss kellu l-qawwa li jqajjem lil xi ħadd mill-imwiet. Ikun daħk fil-wiċċ jekk aħna naħsbu li hawn xi ħadd fuq l-art li għandu l-qawwa jqajjem lil xi ħadd mill-imwiet jew hu nnifsu jqum mill-mewt. Dik jgħidulha fantasija spiritwali!

Spiss jiġirlna li meta l-intervent Divin ma jseħħix il-fidi tagħna tiġi mċaqilqa mill-qiegħ. Forsi ngħidu: “Imma ilni nitlob daqshekk!”. U ssib min jgħidlek: “Għax ma tlabtx sew, għax ma tlabtx bil-fidi.” Imma taħsbu li Ĝesù ma setax jinżel mis-salib? Ma niżilx però! U qalbu kellha tiġi minfuda, u ma tiegħu, sejf ta’ dular nifed ruh Marija.

Xi tfisser allura li temmen quddiem il-Kalvarju?

Ifisser:

1. Tagħmel paċi mal-fatt li int m'għandekx kontroll tas-sitwazzjoni.
2. Tifhem li f’ċerti cirkustanzi kull ma tista’ tagħmel huwa li titlob – l-iktar talba importanti hija li jiġri x’jiġi mhux ser naqta’ qalbi.
3. Li nagħmel paċi mal-fatt li ċerti sitwazzjonijiet itulu ż-żmien biex jitfejqu.
4. Li nagħmel paċi mal-fatt, li anke jekk s-sitwazzjoni ma tinbidilx,

Alla ser isostnini u anke jekk ma jbiddilx iċ-ċirkustanzi jagħtini l-faraġ fil-hemm – “meta nsib ruh fil-hemm, il-faraġ tiegħek jhennili qalbi” tghid il-Bibbia.

5. Nemmen, iġifieri wkoll, nemmen fil-ħajja u fir-ritmu naturali u kultant strambi tagħha – eżempju naċċetta li l-mewt u l-ugħiġ (u din mhux ċajta – staqsi lill-imġarrab!) huma aspett mill-iktar naturali tal-ħajja tal-bniedem.

6. Li anke f’ċirkustanzi ta’ ugħiġ nista’ nitgħallem xi haġa għall-ħajja. U allura ma thallix qalbek titħawwad.

Awguri minn qalbna ghall-Għid Qaddis

San Frangisk ta' Assisi
Qawra - Buġibba



April 2023

Alleluja
Qam Kif Kien Qal



[Mk16, 9-11] Wara li qam mill-mewt filgħodu kmieni fl-ewwel jum tal-ġimgħa Ĝesù deher l-ewwel lil Marija ta' Magdala u din marret għand id-dixxipli u tathom l-aħbar:

“Rajt lill-Mulej”

P. Andrew Galea OFM Conv.

Il-komunità tal-patrijiet tal-Parroċċa San Frangisk ta' Assisi,
Qawra-Buġibba, minn qalbna nawgurawlkom

GHID QADDIS
mimli barka u ferħ fil-Mulej.

Responding to Your Emotions – Gary Chapman

Why do we consider our emotions as an enemy? One reason is that we know our feelings change. They lift us up and they let us down. Our highs don't last, and our lows are painful. We conclude, therefore, that emotions are unreliable. Perhaps the chief reason is that negative emotions don't seem to fit with our idea of being a "good Christian".



Anger, fear, disappointment, loneliness, frustration, depression, and sorrow don't fit the stereotype of successful Christian living. The fact is negative and positive emotions are morally neutral. It is what we do in response to our emotions that leads to good or bad. Negative emotions call for positive action. Positive emotions call us to celebrate. Take time to listen to your emotions.

Have you ever done a Bible study on emotions? When I wrote The Marriage You've Always Wanted Bible Study, I felt it important to include a chapter on "Becoming Friends with My Feelings" because I think many Christians have a distorted view of emotions. Many people are surprised to discover that Jesus felt depression. Read it for yourself in Matthew 26:36-46.

We have wrongly concluded that negative emotions are from Satan. The Scriptures teach that emotions are a gift from God.

They motivate us to take constructive action. Anger motivated Jesus to clear the temple of robbers and thieves. Emotions call us to engage the mind and to make wise decisions on what needs to be done. When we make wise decisions, emotions have served their purpose.

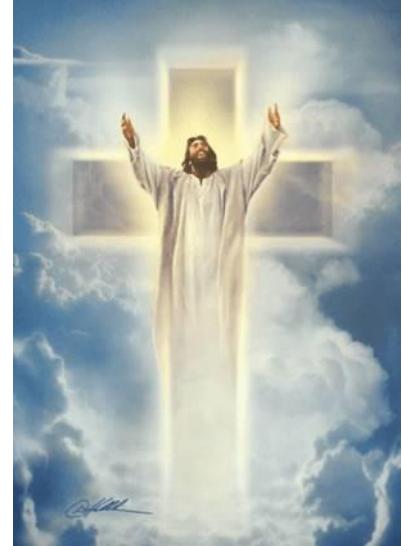
Would it surprise you if I told you that Jesus experienced fear? Fear is an emotion that pushes us away from a person, place, or thing. In Matthew 26, Jesus prayed, "Father, if it is possible, let this cup pass from me." He saw what was ahead and his emotions pleaded for a different way. Jesus did what we should do with our fear - express it to God.

The proper response to fear is to run to God. The Psalmist said, "When I am afraid, I will trust in Thee." 365 times in the Bible God says, "Fear not, for I am with you." Our fear leads us to God and we rest in His strength to protect. Don't put yourself down for feeling fear, just run as quickly as you can to the loving arms of God.

The Meaning of Easter for us Christians

The significance of Easter is Jesus Christ's triumph over death. His resurrection means the eternal life that is granted to all who believe in Him. The purpose of Easter also means the full confirmation of all that Jesus taught and preached during His three-year ministry. If He had not risen from the dead or simply died and not been resurrected, He would have been thought just another teacher or prophet. However, His resurrection rebuked all that and provided final and undeniable proof that He was the Son of God and that He had overcome death once and for all.

The resurrection of Jesus Christ from the dead is the core of the Christian gospel. Saint Paul says that if Christ is not raised from the dead, then our preaching and hope are in vain (**1 Cor. 15:14**). Certainly, without the resurrection, there would be no Christian preaching or faith. The apostles of Christ would have continued as the disheartened group which the Gospel of John depicts being in hiding for fear of the Jews. They were in total despair until they met the risen Christ (**John 20:19**). Then they touched Christ's wounds of the nails and the spear; they ate and drank with Him. The resurrection became the foundation of everything they said and did (**Acts 2-4**): "...for a spirit has not flesh and bones as you see that I have" (**Luke 24:39**). The resurrection affirms Jesus of Nazareth as the prophesied Messiah of Israel and the King and Lord of a new Jerusalem: a new heaven and a new earth.



The very first Easter taught us this: That life never ENDS and love never DIES.

Happy Easter to you and your families

“Tiftakarni?”

Raġel xiñi iltaqa' ma' żagħżugħ u dan staqsieħ: “Tiftakarni?” Ix-xiñ qallu li ma jiftakrux. Dak iż-żagħżugħ qallu li hu kien student tiegħu. U dan l-għalliem staqsieħ: “X'qed tagħmel issa?” Iż-żagħżugħ irrisponda: “Jien il-haqqt għalliem ukoll.” “Tajjeb, mela bħali,” kompla x-xiñ. “Iva, infatti sirt għalliem għax int spirajtni biex inkun bħalek.” Ix-xiñ, kurjuż, staqsieħ meta ddecieda li jsir għalliem. U ż-żagħżugħ irrakkuntalu din l-istorja:



“Darba waħda, ħabib tiegħi, student ukoll, daħal fil-klassi u wrieni arlogg ġdid, u jien iddeċiejt li dak l-arlogg ridtu. Għal mument poġġieħ fil-but u jien sraqtulu. Ftit wara, dan il-ħabib induna li l-arloġġ ma kienx għadu fil-but u mill-ewwel qal lill-għalliem, li kont int. Imbagħad inti għidit lill-klassi: ‘L-arloġġ ta’ dan l-istudent insteraq waqt il-lezzjoni tal-lum. Min seraqlu, jekk jogħġgbu jroddu lura.’

“Jien ma tajtulux lura, ma ridtx. Int għalaqt il-bieb u għidtilna biex kulħadd iqum bil-wieqfa u noqogħdu forma ta’ ċirku. Kont se tfitxilna fil-bwiet wieħed wieħed sakemm issib l-arloġġ. Madankollu għidtilna biex nagħlqu għajnejna għax b'hekk biss kien se jfittex l-arloġġ jekk ikollna għajnejna magħluqa. Għamilna kif għidtilna.

“Inti dort minn but għal but, u meta wasalt fil-but tiegħi, int sibt l-arloġġ u ħadtu. Imma xorta komplejt ffitteż fil-bwiet tal-oħrajn. Meta dorthom kollha għidtilna: ‘Issa ifħu għajnejkom. L-arloġġ sibnih.’ Inti qatt ma kellimtni fuq din il-grajja. Int lanqas qatt ma għidt min kien li seraq l-arloġġ. Dak inhar inti salvajti d-dinjità għal dejjem. Dik kienet l-iktar ġurnata umiljanti ta’ ħajti.

“Imma dik kienet ukoll il-ġurnata li ddeċidejt li ma nsixx ħalliel, raġel ħażin, eċċ. Inti qatt ma għidtli xejn u lanqas ma ċanfarġi jew kellimtni ras imb ras biex tagħtini xi lezzjoni fuq il-morali. Imma jien fhimtu sew il-messaġġ tiegħek.

“Grazzi għalik, fhimt x’għandu jagħmel il-veru edukatur. Tiftakarha din l-istorja, Profs?”

Il-professur xiñi irrisponda: “Iva, niftakarha din is-sitwazzjoni tal-arloġġ misruq u meta fittxejt il-kollu. Jien ma niftakrekk, għax jien ukoll kelli għajnejja magħluqa.”

Din hi l-essenza li tgħalliem: Jekk biex tikkoreġi se tumilja lil xi ħadd, int ma tafx kif tgħalliem.

Mulej, waqt dan il-Ħadd il-Ġhid li qed niċċelebraw ir-rebha tiegħek fuq il-mewt, għinna biex għada, meta nkunu kilna l-figolli u l-ħelu kollu, daħħalna l-istatwi u dħalna fir-rutina ta’ kuljum, ma ninsewx li int issagrifikajt ħajtek għalina u nibqgħu grati. Grazzi Mullej.



Ejja nidħqu ftit!!

Roži kellha problema. Kulmeta kienet tgħaddi karozza tal-linja minn quddiemhom kienet tinfethilha l-bieba tal-gwardarrobba. Lir-raġel, Pietru, għalxejn tgħidlu għax żgur ma jagħmel xejn. Darba sabet mastrudaxxa prim u ġie d-dar. Qaltlu x'inhi l-probema u qalilha li biex jara eż-żarru għaliex qed tinfetaħ il-bieba ried jidħol fil-gwardarrobba u jagħlaq il-bieba sakemm tgħaddi karozza tal-linja.

Ix-xitan m'għandux ħalib. Ftit wara wasal Pietru u kellu bżonn qmis mill-gwardarrobba. Malli fetaħ u sab lil dan l-imbieren, ried joqtlu.

“Hemm x'inti tagħmel?” għajjat irrabjat.

“Naf li diffiċċi biex temminni,” qallu l-mastrudaxxa. “Imma qed nistenna karozza tal-linja.”



Attivitajiet matul April u programm tal-Ġimġha Mqaddsa:

Is-Sibt	1	Quddiesa ta' Hadd il-Palm. Qawra 6:30pm u Buġibba 6:00pm. (Fil-Quddies tal-lum u ta' għada, jitbierku u jitqassmu l-friegħi taż-żeppu.)
II-Hadd	2	Hadd il-Palm
	8:00am	Quddiesa.
	9:00am	Toħrog purċiżzjoni li tgħaddi minn dawn it-toroq: Turisti, Larry Vella, Denfil u Annetto Caruana.
	9:30am	Quddiesa.
		F'Buġibba, il-Ħamis 6, il-Ġimġha 7 u s-Sibt 8 ma jkunx hemm Quddies.
II-Ħamis	6	Ħamis ix-Xirka – Tifkira Solenni tal-Ikla tal-Mulej
	7:30am	Talb tal-Liturġija tas-Sigħat mal-patrijet fil-knisja.
	8:15am	Qrar.
	6:30pm	Quddiesa Solenni bil-ħasil tar-riglejn tal-Appostli.
Wara l-Quddiesa jkun hemm Adorazzjoni Ewkaristika. Il-knisja tibqa' miftuħha sa nofs il-lejl.		
II-Ġimġha	7	II-Ġimġha il-Kbira – Tifkira solenni tal-Passjoni tal-Mulej
	7:30am	Talb tal-Liturġija tas-Sigħat mal-patrijet fil-knisja.
	8:15am	Qrar.
	3:00pm	Funzjoni Solenni tal-Passjoni ta' Ģesù.
Is-Sibt	8	Is-Sibt Imqaddes tal-Ġid
	7:30am	Talb tal-Liturġija tas-Sigħat mal-patrijet fil-knisja.
	7:30pm	Qrar.
	8:00pm	Funzjoni Solenni tal-Qawmien mill-mewt ta' Sidna Ģesù Kristu.
II-Hadd	9	L-G H I D I L-K B I R Is-solennità tal-Qawmien tal-Mulej mill-Imwiet.
Quddies: Qawra:		8:00am, 9:30am (F'din il-quddiesa t-tfal iġibu l-figolli biex jitbierku.); 11:00am (bl-Ingliz) u 6:30pm
Buġibba:		9:00am u 6:00pm.
II-Hadd	16	Festa tal-Ħniena Divina. Wara l-quddiesa tas-6:30pm ikun hemm l-Adorazzjoni fil-Festa tal-Ħniena Divina.



Hinijiet tal-Quddies	San Franġisk ta' Assisi Qawra	San Massimiljanu Kolbe Buġibba
Mit-Tnejn sal-Ġimġha	7:30am, 8:30am, 6:30pm.	8:00am.
Is-Sibt	7:30am, 8:30am, 6:30pm.	8:00am, **6:00pm.
II-Hadd	8:00am, 9:30am, 11:00am , 6:30pm.	9:00am, **6:00pm.

*The 11:00am mass on Sundays and days of obligation is in English.
** F'Buġibba, mill-15 ta' April, il-quddiesa tkun fis-7:00pm

Uffiċċju Parrokkjali:

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Tel: 27577088 emejl: frangiskaniqawra@gmail.com

/Parrocca Qawra San Franġisk

Miftuħ: It-Tnejn u l-Erbgħa: 4:30pm - 6:00pm u s-Sibt: 9:30am - 11:00am

Website gdida – idħol u ara: www.qawrachurch.com